

# Prayers Activity

## Objective

- To help the students understand the ways in which we can offer ourselves to God at Mass

## Materials

- Paper
- Pencils
- Envelopes
- Offerings Basket

## Procedure

- Gather the students around the crafts table - wait to distribute the materials.
- Briefly explain to the students that we can offer God many types of prayers - requests, thanks, and worship - when we come to Mass, our many prayers come together to our one Lord.
- Ask the students to think of something they would like to ask God or thank God for - or maybe they would just like to tell him they love him. Listen to a few answers.
- Distribute the paper and pencils to the students.
- Instruct the students to write a short letter to God with a message they would like to give to him.
- When the students have completed their letters, seal them in an envelope with the students' names on them and place them in the Offerings Basket.